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WELCOME GREETINGS

Welcome to the County

It is a pleasure for me to wish the 18th World Congress of Psychotherapy welcome to Sør-Trøndelag County. Sør-Trøndelag has experience in hospital and health service since 1277, when Trondheim established its first hospital. It is the oldest health institution in the Nordic countries, which is still in operation. The treatment of psychiatric ailments was part of the hospitals services. In 1872, Rotvoll Hospital was built and became Norway's second special hospital for psychiatric patients. Today, the special health service in psychiatry is operated through several types of institutions and polyclinics. The county municipality had the responsibility for all health services for the county's inhabitants until last year. From 2002 this has become a state affair. But, for me as a local politician, I will follow the development of both somatic and psychiatric health service for our inhabitants. And I look forward to closely follow the building of the new St Olavs Hospital, which include psychiatric treatment. We look forward to professionally stimulating days at the 18th World Congress of Psychotherapy.

Arnt Frøseth, Governor of the County Council

Welcome to Trondheim - The lion and the axe

Some people wonder why the Norwegian coat-of-arms features a lion. But perhaps it is even more interesting that the lion is holding an axe. The axe was a weapon used by peasants, and its presence in a coat-of-arms is unique. But this is not just any axe, it is what in Norwegian we call the martyr axe, the axe that was used to slay King Olav, later to become Saint Olav, the Viking king in whose honour Nidaros cathedral was built. The axe became the emblem of Trondheim's saint and Norway's eternal king, and since 1280 it has been in the royal and the Norwegian coat-of-arms. The symbolic effect of the country choosing a peasant's weapon for its emblem is a good example of the ideals that have shaped the Trønder temperament and character. For centuries the city has grown in a relationship of mutual dependency with the surrounding area. Goods and people arrived from other parts of Norway and abroad on the river Nidelven. With them came values we are proud of and which are the underpinnings of our development today: equality, pragmatism, openness, optimism and an international outlook. When you wander round our city's narrow medieval streets and modern roads during the World Congress of Psychotherapy, you will meet charming Trønders who have over a thousand years' experience as hosts. We appreciate visitors to our city and welcome them with open arms. The axe of ancient times has long been laid to rest, what lives on from our past is our values, and we will gladly share them with one and all.

Anne Kathrine Slungaard, The Honorable Mayor, Trondheim City

Welcome to the Congress!

After five years of planning we are now gathered for the the first World Congress of Psychotherapy (WCP) in the new millenium. The present 18th Congress is held more than 50 years after the first WCP, which was held in London in 1948 (a list of the Congresses is included in this program). It is on behalf of the Norwegian University of Science and Technology, Trondheim (NTNU) and the International Federation for Psychotherapy (IFP) you are welcomed to this Congress. The main Congress theme, *Crossroads of Clinical Practice and Research*, will melt together new theoretical knowledge, research based findings, and clinical procedures, from different psychotherapy traditions, different professions, and from countries throughout the entire world. There are many reasons to visit the 1005 years old city of Trondheim. The World Congress is of course the main reason to visit Trondheim in 2002. Take this opportunity to find out some of the other reasons. In August Trondheim is still characterized by the *white nights*, and you do not really want to go to bed at night, for several thrilling reasons.

K Gunnar Götestam, President 18th World Congress of Psychotherapy

The Norwegian Psychiatrist Association

The Norwegian Psychiatric Association would like to welcome all participants to the World Congress of Psychotherapy in Trondheim. The professional community of therapists needs common grounds to meet, exchange and learn from each other. Psychotherapy is the mother of most other therapies, and remains one of the cornerstones in modern psychiatric treatment. The field of psychotherapy needs to be given conditions for research, development and integration with other fields of treatment, both within biology and psychosocial care. The individual therapist should be challenged by the same need for integrating the biopsychosocial and cultural perspectives in the understanding and treatment of mental illness. We wish the organizers and participants good luck with the congress and a good time in Trondheim.

Bjarte Stubhaug, President, Norwegian Psychiatrist Association

The Norwegian Psychologist Association

It is my great pleasure on behalf of the Norwegian Psychological Association to congratulate The Organising and Scientific Committees, the Norwegian University of Science and Technology and the International Federation for Psychotherapy with this congress. The explicit aim of the congress – «to tear down barriers and build bridges between clinicians and researchers» is both ambitious and important. Psychotherapy is one of the most important methods, if not *the* most important method in treating psychological and psychiatric problems and disease, and the need for research into these methods is still great. There is, furthermore, an urgent need for more use of psychotherapy within our institutions in the mental health field as well as a strong demand for documented effects. There is no doubt that this congress therefore is of the utmost importance for the professional field as well as for people needing help. The various psychotherapeutic traditions and methods all contribute to helping some people, but it is of great importance that we get more nuanced knowledge about what works with whom! The development of new methods and manuals for therapy are exciting, and congresses offer good opportunities for presentations and discussions. However, we still always have to remember that every individual is unique and that we have to fit the therapy to the person, not the other way around! I sincerely hope and wish that this congress will lead to less barriers and many new bridges between researchers and clinicians!

An-Magritt Aanonsen, President Norwegian Psychological Association

Congress Committees

Organizing Committee

Götestam K Gunnar, MD, President
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Stiles Tore C, PhD, Scientific Secretary
Utseth Sverre H, General Secretary,
Klevset Greta, Secretary
Ankile Jannicke, Secretary
Senf Wolfgang, MD, President of IFP

Local Host Committee

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Paulsen Inga (economy)
Selvik Randi (culture)
Engstrøm Tore (culture)
Løseth Jofrid (culture)
Gaasø Asbjørn Helge (PR/Info)

Scientific Committee

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Svartberg Martin, co-chair, NTNU
Gråwe Rolf W, NTNU
Gullestad Siri, University of Oslo
Havik Odd, University of Bergen
Høglend Per, University of Oslo
Jozefiak Thomas, Trondheim

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Lorentzen Steinar, University of Oslo
Magnussen Finn, Oslo
Monsen Jon, University of Oslo
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Senf Wolfgang, Germany
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Vikan Arne, NTNU

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McCullough Leigh, USA
Orlinsky David, USA
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Sandell Rolf, Sweden
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Öst Lars-Göran, Sweden

Sole-Puig José, Spain
Steketee Gail, USA
Streppavara Maria Grazia, Italy
Suk-Hun Kang, Korea
Zain M Azhar, Malaysia

IFP Accreditation Committee

Bustillo Lucia Alvarez-Buylla, Madrid (chair)
Schnyder Ulrich, Zürich
Senf Wolfgang, Essen
Stiles Tore C, Trondheim
Gråwe Rolf W, Trondheim
von der Lippe Anna, Oslo
Høglend Per, Oslo

World Congresses of Psychotherapy

1	1948	London	The problem of guilt in psychotherapy
2	1951	Leyden	The affect contact
3	1954	Zürich	Transference in psychotherapy
4	1958	Barcelona	Daseinsanalysis and psychotherapy
5	1961	Vienna	Psychotherapy and clinical medicine
6	1964	London	New development in psychotherapy
7	1967	Wiesbaden	Psychotherapy, prevention and rehabilitation
8	1970	Milan	Psychotherapy and human sciences
9	1973	Oslo	What is psychotherapy?
10	1976	Paris	Psychotherapeutic process
11	1979	Amsterdam	Research and training
12	1982	Rio de Janeiro	Psychotherapy and culture
13	1985	Opatija	Health for all by the Year 2000
14	1988	Lausanne	Culture and theory
15	1991	Hannover	Psychotherapeutic health care
16	1994	Seoul	Psychotherapy: East and West (Integration of psychotherapy)
17	1998	Warsaw	Psychotherapy at the turn of the Century (from past to future)
18	2002	Trondheim	<i>Crossroads of clinical practice and research</i>

CULTURAL PROGRAM

Opening Ceremony - Wed 14 Aug

1400-1500 Olavshallen

See inside back cover

Reception - Wed 14 Aug

1830 Olav Concert Hall, in the lobby area on second floor

The congress participants are invited to a Reception hosted by Trondheim City and Sør-Trøndelag County

Opening Concert - Wed 14 Aug

1900 Olav Concert Hall

Singer and introducer Ann Kristin Andersson. Mid-Norwegian Soloist Ensemble, Trondheim Wind Quintet, John Pål Inderberg & Henning Sommerro, The Trondheim Soloists (string chamber orchestra)

Banquet - Thu 15 Aug

1900 Banquet (Britania Hotel Palm Haven)

Tickets prepaid, fellowship with friends, cultural presentations

Organ Concert - Sat 17 Aug

2300 in the Nidaros Cathedral

Closing Ceremony - Sun 18 Aug

1100-1200 Royal Garden Hotel (Olav Tryggvasson)

Program with Norwegian/Scandinavian music

Keynote Speakers and Lectures

- Peter Fonagy, PhD, London, England: How can psychotherapy practice be informed by research findings: The pros and cons of evidence-based psychotherapy (KL 1)
- Helmut Remschmidt, MD, Marburg, Germany: How can child psychotherapy practice be informed by research findings: Lessons learnt from experiences in Marburg (KL 2)
- David A Shapiro, PhD, Sheffield, England: Research on brief psychotherapies: Origins, achievements, and current issues (KL 3)
- David Orlinsky, PhD, Chicago, USA: Therapist factors as determinants of psychotherapy outcome (KL 4)
- K Roy MacKenzie, MD, Vancouver, Canada: Augmenting clinical practice with brief measurement instruments (KL 5)
- Jeffrey Binder, PhD, Atlanta, USA: The training of psychotherapists: What does empirical research tell us? (KL 6)
- Klaus Grawe, PhD, Bern, Switzerland: Agents of change in the processes of psychotherapy (KL 7)
- Glen Gabbard, MD, Topeka, USA: The revolution in the neurosciences: Implications for psychotherapy research and practice (KL 9)
- J Christopher Perry, MD, Montreal, Canada: The two worlds of the therapist and the researcher: Shall they ever meet? (KL 10)

Clinical Workshops

- Leigh McCullough (US) Short-term anxiety regulating therapy (W 1)
- Adrian Wells (UK) Cognitive behaviour therapy with anxiety disorders (W 2)
- Pål Zeiner (NO) Statistical methods in clinical therapeutic practice (W 3)
- Björg Røed Hansen (NO) Time limited child psychotherapy (W 4)
- Jeffrey Binder (US) Time limited dynamic psychotherapy (W 5)
- David Barlow (US) Cognitive behaviour therapy with anxiety disorder (W 6)
- Inger Helene Vandvik (NO) Psychotherapy in a pediatric ward (W 7)
- K Roy MacKenzie (CA) Time-limited group psychotherapy (W 9)
- Hans Nordahl (NO) Cognitive behaviour therapy with personality disorders (W 10)
- Per Einar Binder, Helge Holgersen, Elisabeth Cleve et al (NO) The practice of psychoanalytic child psychotherapy – current state (W 12)
- Kathleen Clougherty, Aviva Mayers (US) Interpersonal psychotherapy (IPT) for depression (W 13)
- Kim T Mueser (US) Integrated treatment of Severe Mental Illness and Substance Misuse (W 14)
- Odd Arne Tjersland (NO) Giving sound to silent voices in cases of sexual abuse (W 15)
- Albert F Painter (US) Conceptual tools for psychotherapy supervision (W 16)
- Gail Steketee (US) Treatment of obsessive-compulsive disorder (W 17)

Congress Educational CME Courses

The main theme of the congress, «the crossroads of clinical practice and research», ensures focusing on professional development and high quality education. The Norwegian national psychiatric and psychological associations also credit the content of the entire congress as part of their continuous education. In addition, The International Federation for Psychotherapy (IFP), the organization behind the World Congress of Psychotherapy, has formed an «IFP Accreditation Committee», which has recommended «Congress Educational CME Credit Points» for each workshop, as well as for the entire Congress. In this way CME courses (Continuous Medical Education) in other countries and at other congresses could be comparably credited. Workshop Diploma will be distributed at end of Workshop. CME Certificate for entire congress can be picked up at Congress Desk from Saturday.

SCIENTIFIC PROGRAM DAY BY DAY

Wednesday 14 Aug

CLINICAL WORKSHOPS

0830-1030

Pål Zeiner: Statistical methods in clinical therapeutic practice (W 3) (**Lade**)

0900-1330

Leigh McCullough: Short-term anxiety regulating therapy (W 1) (**Kristiansten**)

Adrian Wells: Cognitive behaviour therapy with anxiety disorders (W 2) (**Sverresborg**)

Gail Steketee: Treatment of obsessive-compulsive disorder (W 17) (**Austråt/Stiklestad**)

1045-1345

Björg Røed Hansen: Time limited child psychotherapy (W 4) (**Brattøra**)

1400-1500 OPENING CEREMONY (see inside back cover)

1500-1550 KEYNOTE LECTURE (Olavshallen)

Chairman: Bo Larsson (NO)

Peter Fonagy (GB): How can psychotherapy practice be informed by research findings: The pros and cons of evidence-based psychotherapy (KL 1)

1600-1650 KEYNOTE LECTURE (Olavshallen)

Chairman: Thomas Jozefiak (NO)

Helmut Remschmidt (DE): How can child psychotherapy practice be informed by research findings: Lessons learnt from experiences in Marburg (KL 2)

1830 RECEPTION (Olavshallen lobby)

1900 OPENING CONCERT (Olavshallen)

Thursday 15 Aug

0830-0920 KEYNOTE LECTURE (Olav Trygvasson)

Chairman: Anna von der Lippe (NO)

David A Shapiro (GB): Research on brief psychotherapies: Origins, achievements, and current issues (KL 3)

0930-1020 KEYNOTE (Olav Trygvasson)

David Orlinsky: Therapist factors as determinants of psychotherapy outcome (KL 4)

1100-1200 DISCUSSION GROUPS

DG 1:1 (**Haraldssalen**)

DG 1:2 (**Kristiansten**)

DG 1:3 (**Sverresborg**)

DG 1:4 (**Austråt/Stiklestad**)

DG 1:5 (**Brattøra**)

DG 1:6 (**Tavern**)

DG 1:7 (**Rosenborg**)

DG 1:8 (**Olav Trygvasson**)

1200-1300 LUNCH

(Thursday 15 Aug)

CLINICAL WORKSHOPS

1300-1800

Jeffrey Binder: Time-limited dynamic psychotherapy (W 5) (**Kristiansten**)

David Barlow: Cognitive behaviour therapy with anxiety disorder (W 6) (**Sverresborg**)

1600-1800

Inger Helene Vandvik: Psychotherapy in a pediatric ward (W 7) (**Austråt/Stiklestad**)

1300-1500 SYMPOSIA

Sy 1: Psychological and pharmacological treatments for obsessive compulsive disorder (Lade)

Chairman: Gail Steketee (US) Discussant Patrick A Vogel (NO)

Jonathan S Abramowitz (US) Cognitive-behavioral therapy with and without medication in the treatment of obsessive-compulsive disorder (Sy 1:1)

Gail Steketee (US) Family and group modalities for cognitive behavioral treatment of OCD: research and practical aspects (Sy 1:2)

Johan Rosqvist, Jay C Thomas (US) Home-based cognitive-behavioral treatment of OCD patients: ecological relevance bridges the gap between research and clinical practice for complex, unresponsive cases (Sy 1:3)

Sy 2: Research on the process of individual child psychotherapy (Tavern)

Chairman: Siv Boalt Boëthius (SE)

Stephen R Shirk (US) Relationship predictors of treatment outcome in child and adolescent therapy (Sy 2:1)

Chrissie Verduyn (UK) Cognitive therapy with children and adolescents (Sy 2:2)

Ruth Toverud, Bjørg Røed Hansen (NO) Child psychotherapy in Norway – a survey (Sy 2:3)

Per Einar Binder (NO) The child psychotherapist as a meaning bearing other (Sy 2:4)

Helge Holgersen (NO) Symbolization in child psychotherapy (Sy 2:5)

Gunnar Carlberg, Siv Boalt Boëthius (SE) The process and outcome in goal directed, time-limited child psychotherapy and parallel work with parents (Sy 2:6)

(cont)

Sy 4: Factors involved in establishing early alliance with patients presenting personality disorders (Haraldsalen)

Chairman: Jean-Nicolas Despland (CH)

Jean-Nicolas Despland, Milos Tadic (CH) The Brief Psychodynamic Investigation (BPI): a very brief psychotherapy to build alliance with patients presenting personality disorders (Sy 4:1)

Martin Drapeau, Jean-Nicolas Despland, Yves de Roten, Josée Despars (CH) Process research study I: Defense mechanisms and personality disorders in early alliance building (Sy 4:2)

Yves de Roten, Thierry Currat (CH) Process research study II: Emotional regulation and personality disorders in early alliance building. (Sy 4:3)

Sy 5: Treatment of eating disorders – a review of five recent Norwegian research projects (Rosenborg)

Chairman: Jan H Rosenvinge (NO)

Asle Hoffart (NO) Process predictors in the cognitive treatment of eating disorders: testing a cognitive model (Sy 5:1)

JH Rosenvinge, AK Rian (NO) Treatment for eating disorders from a patient satisfaction perspective: a replication of a British study (Sy 5:2)

J Sundgot-Borgen, JH Rosenvinge, R Bahr, L Sundgot-Schneider (NO) The long-term effect of physical exercise compared with cognitive behavioral therapy in treating bulimia nervosa: a randomized controlled study (Sy 5:3)

Øyvind Rø, Egil W Martinsen, JH Rosenvinge (NO) Inpatient treatment for severe bulimia nervosa – results from an eating disorder unit in Norway (Sy 5:4)

Anne Grethe B Pedersen, Reidun Olstad, JH Rosenvinge, Grethe S Birketvedt (NO) The relation between leptin and eating disorders (Sy 5:5)

Sy 11: Religious and existential issues as integral parts of a reasoned model of psychotherapy: outcome effects and clinical aspects. (Singsaker)

Chairman: Arne Austad (NO); Discussant: Leigh McCullough (US)

Gry Stålsett Follesø (NO). The Vita Project: focus on religious and existential issues in psychotherapy – a

(Thursday 15 Aug)

follow-up study of 40 patients (Sy 11:1)

Arne Austad (NO). The Vita Project: existential and religious issues in psychotherapy – a case presentation Sy 11:2)

1500-1700 SYMPOSIA

Sy 2: Research on the process of individual child psychotherapy (Tavern) *cont, see above*

Chairman: Siv Boalt Boëthius (SE)

Sy 6: Population needs call for computerised cognitive-behaviour therapy (Rosenborg)

Chairman: David A Shapiro (UK)

Sy 7: Effectiveness of short-term psychotherapy for personality disorders (Haraldssalen)

Chairman: Steinar Lorentzen (NO)

Per Høglend (NO) Personality disorders and long-term outcome after brief dynamic psychotherapy (Sy 7:1)

Martin Svartberg, Tore C Stiles (NO), Michael Seltzer (US) Effectiveness of short-term dynamic psychotherapy and cognitive therapy for Cluster C personality disorders (Sy 7:2)

J Christopher Perry (CA) Are recovery and healthy functioning achievable treatment goals for Axis-II disorders? (Sy 7:3)

Sy 8: Treatment and research on OCD – the state of the art from the patient perspective (Singsaker)

Chairman: Sidsel Myhr Nilsen (NO)

Kitty Dahl (NO) Obsessive Compulsive Disorder (OCD) in children and adolescents (Sy 8:1)

Sandra Bates (SE) What does research tell us about the treatment of OCD? (Sy 8:2)

Anita Sedal (NO) How to live with OCD from a patient's perspective (Sy 8:3)

Kicki Bonsaksen (NO), Anita Odell (SE) «ANANKE», the OCD organization (Sy 8:4)

Sy 9: The integration of Tao and Psychotherapy (Bakklandet)

Chairman: Kang Suk-Hun (KP)

Lee Jung-Kug (KP) A Psychotherapeutic Understanding of the Ox in the Kuo-An's Ten-Oxen-Pictures (Sy 9:1)

Kang Suk-Hun (KP) Integration of east and west psychotherapy: the case of professor Rhee Dongshick (Sy 9:2)

Chan Hee Huh (KP) Psychotherapy of manic-depressive illness: Integrative approach with Western psychodynamic psychotherapy and East Asian spiritual tradition (Sy 9:3)

Chang-Yong Chung (KP) From ego to enlightenment (Sy 9:4)

1900 BANQUET (Britannia Hotel)

Friday 16 Aug

0830-0920 KEYNOTE LECTURE (Olav Trygvasson)

Chairman: Martin Svartberg (NO)

K Roy MacKenzie (CA): Augmenting clinical practice with brief measurement instruments (KL 5)

0930-1020 KEYNOTE LECTURE (Olav Trygvasson)

Chairman: Gail Steketee (US)

Jeffrey Binder (US): The training of psychotherapists: What does empirical research tell us? (KL 6)

1000-1200 Psychiatric treatment of adolescents in an inpatient unit: A guided tour to the inpatient unit at the Department of Child and Adolescent Psychiatry, Trondheim (Info and booking at Registration Desk)

Synnøve Døhl, Frank Meland, Grete Dyb

1100-1200 DISCUSSION GROUP (DG)

DG 2:1 (Haraldssalen)

DG 2:2 (Kristiansten)

(Friday 16 Aug)

DG 2:3 (Sverresborg)
DG 2:4 (Austråt/Stiklestad)
DG 2:5 (Brattøra)
DG 2:6 (Tavern)
DG 1:7 (Rosenborg)
DG 1:8 (Olav Tryggvasson)

1200-1300 LUNCH

CLINICAL WORKSHOPS

1300-1800

K Roy MacKenzie, MD: Time-limited group psychotherapy (W 9) (**Haraldsalen**)

Hans Nordahl, PhD: Cognitive behaviour therapy with personality disorders (W 10) (**Sverresborg**)

1300-1700

Per Einar Binder, PhD, Helge Holgersen, Elisabeth Cleve et al: The practice of psychoanalytic child psychotherapy – current state (W 12) (**Brattøra**)

1300-1500 SYMPOSIA

Sy 12: Effects of CBT and exposure treatments (Olav Tryggvasson)

Chairman: Tore C Stiles (NO)

S Witold (PL) Motivation for group cognitive-behavioral psychotherapy (Sy12:1)

Tone Tangen Haug, S Blomhoff, I Holme, HP Madsbu, JEA Wold (NO), K Hellström, M Humble (SE) Exposure therapy and sertraline in social phobia - how is the effect at one year follow-up? (Sy 12:2)

Alfried Längli (AT) Existential fundamental motivations (Sy 12:3)

Sy 13: The evaluation of child and adolescent psychotherapeutic interventions (Tavern)

Chairman: Helmut Remschmidt (DE)

Siv Boalt Boëthius (SE) Obstacles to psychotherapy research in a clinical setting (Sy 13:1)

Hermann van Engeland (NL) Therapy evaluation on conduct disorders (Sy 13:2)

Bo Larsson (NO), Willy Tore Mørk (NO) Presentation of a research project on conduct disorders in Trondheim and Tromsø (Sy 13:3)

(cont)

Sy 14: Somatoform disorders: from nosology to intervention (Rosenborg)

Chairman: Tor Haugstad (NO)

Sushrut Jadhav (UK) (Sy 14:1)

Mitchell Weiss (CH) (Sy 14:2)

Oye Gureje (NI) (Sy 14:3)

Michael B First (US) (Sy 14:4)

Sy 15: Psychotherapy for difficult populations (Haraldsalen)

Chairman: Ulrich Schnyder (CH)

Ulrich Schnyder; Hanspeter Moergeli (CH) A randomized controlled trial of short-term psychotherapy for trauma survivors: methodological issues (Sy 15:1)

Atle Roness (NO) Psychotherapy for the burnout syndrome (Sy 15:2)

Mario Poirier (CA) Psychotherapy with homeless young adults (Sy 15:3)

Hans Olav Tungesvik (NO) Experience from 12 days of intensive group psychotherapy in an inpatient setting (Sy 15:4)

Sy 16: Treatment - relevant assessment methods (Lade)

Chairman: Are Holen (NO)

M Johansen, S Karterud, G Pedersen (NO) Borderline personality disorder (BPD) as a prototype: an empirical investigation (Sy 16:1)

Are Holen (NO) Monitoring topics in group psychotherapy by questionnaire (Sy 16:2)

(Friday 16 Aug)

A Körner, M Drapeau, M Geyer, JC Perry (DE) Self-assessment of interpersonal behavior with the Relationship Patterns Questionnaire: results from a sample representative of the German population (Sy 16:3)

1500-1700 SYMPOSIA

Sy 13: The evaluation of child and adolescent psychotherapeutic interventions (Tavern) *cont, see above*

Chairman: Helmut Remschmidt (DE)

Sy 17: Integrative approach of psychotherapy and training in group psychotherapy in a transcultural setting (Rosenborg)

Chairman: Steinar Lorentzen (NO)

Steinar Lorentzen (NO) Evaluation of a block-training program in group psychotherapy in the Baltic states. Five years of experience (Sy 17:1)

Tore Sørli (NO) Coping with language problems in a group analytic block-training programme (Sy 17:2)

Chan Hee Huh (KP) Psychotherapy of manic-depressive illness: Integrative approach with Western psychodynamic psychotherapy and East Asian spiritual tradition (Sy 17:3)

Jinseng Park (KP) The teaching experience of meditation and psychotherapy in Korea (Sy 17:4)

Sy 18: Depression research (Bakklandet)

Chairman: Ellen Hartmann (NO)

Catharina E Wang (NO) Positive bias or avoidance coping strategies in previously depressed individuals? (Sy 18:1)

Jo-Anne Carlyle, Peter Cairns, Phil Richardson, David Taylor, David Shapiro (UK) A systematic review of psychological treatments for refractory depression (Sy 18:2)

Paul Rushton, Philip Morris, Joe Hallam, Deborah Ashley-White, Elisabeth Moore (AU) The overcoming depression program. a clinical, research and training program for chronic depression (Sy 18:3)

Ellen Hartmann, Catharina E Wang (NO) Cognition, vulnerability and depression as assessed by the Rorschach and Beck Depression Inventory (Sy 18:4)

G Giacomo Giacomini (IT) Depression and depressive states in a dialectical analytic perspective (Sy 18:5)

Sy 19: Substance use among patients with severe mental disorders (Haraldsalen)

Chairman: Kim T Mueser (UK)

Rolf W Gråwe (NO) Towards a Better Life - a structured group rehabilitation program for persons with substance use disorders and severe mental disorders (Sy 19:1)

Tor Sæther (NO) Clinical experiences with the Better-Life rehabilitation program in a hospital ward for young persons with schizophrenic disorders (Sy 19:2)

John Christian Fløvig (NO) Substance use among patients admitted to acute psychiatric care (Sy 19:3)

Odd Storsæter (NO) Substance use among young patients with recent-onset psychotic disorders – experiences from a Norwegian outpatient mental health unit (Sy 19:4)

Sy 21: Psychotherapy research (Olav Trygvasson)

Chairman: Per A Høglend (NO)

P A Høglend (NO) Matching therapy to patient characteristics (Sy 21:1)

Anne Grete Hersoug, Kjell-Petter Bøgwald, PA Høglend (NO) Patient and therapist characteristics associated with exploratory interventions in dynamic psychotherapy (Sy 21:2)

Martin Svartberg, E Thue, O Røkkum (NO) The Affect Attunement Scales: conceptual underpinnings and clinical and research Applications (Sy 21:3)

Sy 26: Maladaptive schemas, personality disorders and treatment (Lade)

Chairman: Asle Hoffart (NO)

Terje Tilden Nordby (NO) A cognitive model for couples therapy (Sy 26:1)

Tore Gude, Asle Hoffart (NO) Dependent personality traits and maladaptive schemas: how do they relate? (Sy 26:2)

Hans M Nordahl, Harald Holthe, Jon A Haugum (NO) The role of early maladaptive schemas in Axis I and Axis-II disorders (Sy 26:3)

Ole Johan Hovland (NO) Examining the relationships between Early Maladaptive Schemas (EMS) and psychopathology in patients with personality disorders (Sy 26:4)

Program overview

	Wednesday 14	Thursday 15	Friday 16	Saturday 17	Sunday 18
0830-0930	Workshops 0830-1345 W 1 – W 4 – W 17	Keynote Lecture David A Shapiro KL 3	Keynote Lecture Roy MacKenzie KL 5		Keynote Lecture Glen Gabbard KL 9
0930-1030	Workshops	Keynote Lecture David Orlinsky KL 4	Keynote Lecture Jeffrey Binder KL 6	Keynote Lecture Klaus Grawe KL 7	Keynote Lecture J Christopher Perry KL 10
1030-1100	Coffee	Coffee	Coffee	Coffee	Coffee
1100-1200	Registration/Workshops	Discussion groups	Discussion groups	Discussion groups	Closing Ceremony
1200-1300	Registration/Workshops	Lunch	Lunch	Lunch	Lunch
1300-1400	Registration/Workshops	Symposia 13-15	Symposia 13-15	Symposia 13-15	
1400-1500	Opening Ceremony	Workshops 1300-1800 W 5 – W 7	Workshops 1300-1800 W 9 – W 12	Workshops 1300-1800 W 13 - W 16	
1500-1600	Keynote Lecture Peter Fonagy KL 1	Symposia 1500-1700	Symposia 1500-1700	Symposia 1500-1700	
1600-1700	Keynote Lecture Helmuth Remschmidt KL 2		Poster Session 1	Poster Session 2	
1700-1800					
1830	Reception				
1900	Concert	Banquet			
2300				Concert	

(Friday 16 Aug)

1700-1800 POSTER SESSION 1

- Jesus Andrade (VE) The theatre metaphor as a tool to give meaning to organisations (P 1)
V Ya Semke (RU) Technology of psychogenias diagnosis at the modern stage (P 2)
I Kupriyanoya, AV Semke (RU) Façade and in-depth psychogenias (P 3)
EM Yurovskaya, AV Semke (RU) Socioterapy of schizophrenic patients (P 4)
MN Katkova, OE Borisova, AV Semke (RU) Art therapy in a psychiatric hospital (P 5)
Nikolay A Bokhan (RU) Complex psychotherapy for patients with opiate addiction (P 6)
Maria Campo (RU) Psychodynamic family counselling (P 7)
Sonia Meyer (UK) The effect on the weight of two obese adolescents of targeting social competence issues in behavior therapy (P 9)
Maido Uusküla, Eneli Kaasik (EE) The psycho-emotional state of sudden cardiac arrest survivors (P 10)
Patrick A Vogel, Odd Harald Røkenes (NO) Changes in symptoms and interpersonal problems after participation in PBSP psychomotor group psychotherapy (P 12)
Yuristella Yano (BR), Sonia B Meyer (UK) Standardized versus individualized therapy for panic disorder (P13)
Steffen Häfner, H Kordy, H Kächele (DE) Railway commuters' need of mental health care (P 14)
Sogra Karami, Mohammed R Eskandari (IR) The influence of organized education as an initially preventive method in promoting children's social growth (P 15)
Mohammed Reza Eskandari, Sogra Karami (IR) Comparative study on the effectiveness of Fluoxetine and behavior therapy in the treatment on nail biting (P 16)
Timothy B Smith, Jared Montoya, Jared Dinehart (US) Racial bias among mental health professionals (P 17)
Timothy B Smith, Jared Montoya, Jared Dinehart (US) Effectiveness of multicultural training for mental health professionals (P 18)
Timothy B Smith, Jared Montoya, Jared Dinehart, Todd Dunn, Michelle Canada, Crystal Ulibarri, Michelle Moody, Kristi Morse (US) Psychotherapy outcome and client-therapist racial match (P 19)
Rolf J Takens (NL) Accessibility at the onset of the therapeutic encounter: An interactional approach (P 20)
Claus H Jacobsen (DK) Research findings and the clinical use of parallel process in psychotherapy and supervision (P 21)
AI Längle, A Nindl, J Sauer, (AU) Between existential meaning and burnout: An empirical study from an existential analytic point of view (N=105) (P 22)
Gerd Inger Ringdal (NO) Voluntary cancer support groups. A prospective, non-randomized study in Norway (P 24)
Olivera Zikic, Trajanovic Ljiljana, Hadzi Pesic Marina (YU) Assertiveness training in treating non-phobic anxiety disorders (P 27)
Y Gidron, Reuven Gal, Gili Givati, Yoram Snir, Jonathan Binjammin, Ari Lauden (IL) Translating research to prevention of PTSD: The memory structuring intervention (P 28)
Øyvind Taraldset Sørensen, Morten A Hvidsten (NO) "Ethical accounting" at a psychiatric hospital: value based management involving staff and patients in improving quality of care (P 46)

Saturday 17 Aug

0930-1020 KEYNOTE LECTURE (Olav Trygvasson) (NB time!)

Chairman: Steinar Lorentzen (NO)

Klaus Grawe (CH): Agents of change in the processes of psychotherapy (KL 7)

1100-1200 DISCUSSION GROUPS

DG 3:1 (Haraldssalen)

DG 3:2 (Kristiansten)

DG 3:3 (Sverresborg)

DG 3:4 (Austråt/Stiklestad)

DG 3:5 (Brattøra)

DG 3:6 (Tavern)

DG 1:7 (Rosenborg)

DG 1:8 (Olav Trygvasson)

1200-1300 LUNCH

1300-1800 CLINICAL WORKSHOPS

Kathleen Clougherty, Aviva Mayers (US) Interpersonal psychotherapy (IPT) for depression (W 13) (Sverresborg)

Kim T Mueser (US) Integrated treatment of Severe Mental Illness and Substance Misuse (W 14) (Kristiansten)

Odd Arne Tjersland, Wenke Gulbrandsen (NO) Giving sound to silent voices in cases of sexual abuse (W 15)

(Brattøra)

Albert F Painter (US) Conceptual tools for psychotherapy supervision (W 16) (Austråt/Stiklestad)

1300-1500 SYMPOSIA

Sy 20: Crosscultural aspects (Lerkendal)

Chairman: Tor Haugstad (NO)

Sushrut Jadhav (GB) (Sy 20:1)

Mitchell Weiss (CH) (Sy 20:2)

Oye Gureje (NI) (Sy 20:3)

Sy 10: New approaches in the psychotherapy for combat-related PTSD (Lade)

Chairman: Richard White (AU)

Michael Robertson (AU) Current issues in management of PTSD in elderly war veterans (Sy 10:1)

Paul Rushton (AU) Interpersonal Psychotherapy for PTSD (Sy 10:2)

Chris Freeman (UK) The evidence base for psychotherapy for PTSD (Sy 10:3)

Sy 23: Predictors and causal factors in the treatment of panic disorder with or without agoraphobia (Olav Trygvasson)

Chairman: Asle Hoffart (NO)

Egil W Martinsen, Torbjørn Olsen, Eli Tønset, Kaj E Nyland, Trond F Aarre (NO) Cognitive-behavioral group therapy for panic disorder in the general clinical setting: a naturalistic study with 1-year follow up (Sy 23:1)

David H Barlow, Jack M Gorman, M Katherine Shear, Scott W Woods (US) Panic disorder: Predictors of outcome from the multi-center clinical trial (Sy 23:2)

Asle Hoffart, H Sexton, Liv Margaret Hedley, Egil W Martinsen (NO) Mechanisms of change during cognitive therapy for severe panic disorder with agoraphobia (Sy 23:3)

Sy 24: Eating disorder (Rosenborg)

Chairman: Stephan Herpertz (DE)

Janice Russell (AU) Paradox, persecution and the therapist as repository - the psychotherapy of anorexia nervosa (Sy 24:1)

Deborah L Reas (NO) Relationship between weight loss and body image improvement in obesity. is body image therapy a necessary component of weight loss treatment? (Sy 24:2)

Katrin Imbierowicz, Nina Groenbaum, Karsten Braks, Franziska Geiser, Rupert Conrad, Georg E Jacoby, Reinhard

Saturday 17 Aug)

Liedtke (DE) Influence of high-caloric supplements on weight gain and weight course in the inpatient treatment of anorexia nervosa (Sy 24:3)

Stephan Herpertz (DE) Sequential inpatient/outpatient treatment of patients with a binge-eating disorder in an integrative group therapeutic setting (Sy 24:4)

Sy 25: Application like IPT on PTSD or eating disorders (Singsaker)

Chairman: Josep Solé (ES)

Lecina Fernández (ES) Interpersonal psychotherapy applied to close relatives of patients suffering from eating disorders (Sy 25:1)

José Solé (ES) Adaptations of the interpersonal psychotherapy (Sy 25:2)

Michael Robertson (AU) Group based Interpersonal Psychotherapy for PTSD (Sy 25:3)

Roslyn Law (UK) Individual IPT for anxiety disorders in primary care (Sy 25:4)

Sy 30: Psychotherapy in various countries (Bakklundet)

Chairman: Tsutomu Sakuta (JP)

Mohammed Reza Eskandari, Sogra Karami (IR) Approach to psychological reasons for running away from home in adolescents in Iran (Sy 30:1)

Boris V Mykhaylov (UA) Psychotherapy in Ukraine (Sy 30:2)

Rainer Nathow (CN) The role of psychotherapy meeting the demands from a changing China (Sy 30:3)

Tsutomu Sakuta (JP) Psychotherapies originated in Japan (Sy 30:4)

1500-1700 SYMPOSIA

Sy 27: Outcome research on group psychotherapy in various outpatient settings (Haraldsalen)

Chairman: Roy MacKenzie

Per Anders Øien, Eva Berg, Egil W Martinsen (NO) Outpatient group psychotherapy and rehabilitation (Sy 27:1)

Terese Wilberg (NO) Evaluation of outpatient group psychotherapy in a network of psychotherapeutic day hospitals (Sy 27:2)

Torleif Ruud (NO) A test battery for use in clinical practice and research (Sy 27:3)

Steinar Lorentzen, Kjell-Petter Bøgwald, Per A Høglend (NO) Change during and after long-term analytic group psychotherapy in a private practice (Sy 27:4)

Sy 28: Is there a place for religious subjects in psychotherapy? (Singsaker)

Chairmen: Morten Guldahl, Øyvind Taraldset Sørensen (NO)

Sy 29: Scientific measurement of personal conflict and clinical setting (Lade)

Chairman: Wolf Lauterbach (DE)

Wolf Lauterbach (DE) The Assessment of Intra-Personal Conflict in Psychopathology and Psychotherapy (Sy 29:1)

Klaus Grawe, Martin G Holtforth (CH) Avoidance, conflicts, and incongruence: Their conceptual and empirical relation to psychopathology and wellbeing (Sy 29:2)

Ulrich Stangier, Wolf Lauterbach, U Ukrow, M Grabe (DE) Intrapersonal conflict in depression (Sy 29:3)

Walter Renner, M Leibetseder, Th Platz (DE) Personal conflict as a risk factor for clinical symptoms (Sy 29:4)

Sy 31: Different treatment approaches to different patient populations (Rosenborg)

Chairman: Tove Aarkrog (DK)

Tove Aarkrog (DK) Psychodynamic psychotherapy in schizophrenic adolescents. When does it work? How is it done? (Sy 31:1)

Pia Eresund (SE) Treating disturbing behavior. Development of technique in child psychotherapy (Sy 31:2)

S Witold (PL) Group therapy for people damaged by abuse, neglect and pregnancy loss (Sy 31:3)

Øyvind B Eikrem, Paal Johansen (NO) The involved subject. Reframing of a basic premise in mainstream psychology (Sy 31:4)

(Saturday 17 Aug)

Sy 32: The Norwegian Multicenter Project for the Study of Process and Outcome of Psychotherapy (Olav Trygvason)

Chairman: Martin Svartberg (NO)

Odd E Havik (NO) The Norwegian Multicenter Project for the Study of Process and Outcome of Psychotherapy (Sy 32:1)

Jon T Monsen, Odd E Havik, Anna von der Lippe, Martin Svartberg (NO) Predictors for therapeutic alliance, patterns of change and outcome in short-term and mid-term psychotherapies (Sy 32:2)

Anna von der Lippe, Jon T Monsen, Helge Rønnestad, Dag Erik Eilertsen (NO) Interpersonal processes in high and low change psychotherapies (Sy 32:3)

Olav Røkkum, Jon T Monsen, Odd Havik, Anna von der Lippe (NO) A naturalistic study of psychotherapy of borderline personality disorder at outpatient clinics in Norway (Sy 32:4)

Sy 3: IPT training-certification (Bakklandet)

Chairman: Chris Freeman (UK)

Paul Rushton (AU) Setting up an IPT network (Sy 3:1)

Michael Robertson (AU) The International Society for Interpersonal Psychotherapy – where now? (Sy 3:2)

Roslyn Law (UK) The UK system of IPT certification (Sy 3:3)

Richard White (AU) Lessons from an IPT planned learning project (Sy 3:4)

Carmen Ballón (ES)

1500-1830 SYMPOSIA

Sy 22: Research on group therapy in child psychiatry (Tavern)

Chairman: Inger Helene Vandvik (NO)

Esther Deblinger (US) Cognitive behaviour therapy in child sexual abuse (Sy 22:1)

Barbara L Bonner (US) Group treatment of children with sexual behavior problems (Sy 22:2)

1700-1800 POSTER SESSION 2

Jung-Kug Lee, Sang-Ho Shim, Byung-Tag Ahn (KL) A psychotherapeutic understanding of the Ox in the Kuo-An's Ten-Oxen-Pictures (P 29)

Jan E Wold, R Haugberg, Tormod Rimehaug, TS Susegg (NO) Treatment of pathological gambling in adolescents in Levanger, Norway (P 30)

Boris V Mykhaylov, VG Scherkasov, AS Bazhenov, IN Sarvir (UA) Posttraumatic stress disorders (P 31)

Boris V Mykhaylov (UA) The new pathogenic theory of schizophrenia creation (P 32)

Boris V Mykhaylov, ST Tabachnicov, MV Marcova (UA) Strategic problems in the development of psychiatry in the Ukraine (P 33)

Are Holen (NO) Using RITS in the wake of trauma (P 34)

Roger Hagen, Hans Nordahl, Gunnar Morken, Lena Kristiansen (NO) Cognitive group therapy for persons with anxiety and depression (P 35)

Valentina C Iversen, Gunnar Morken (NO) Acute psychiatric illness among immigrants and asylum seekers in Norway (P 36)

Kari Kvaal, Knut Laake, Knut Engedal (NO) Anxiety in geriatric patients: Which psychotherapeutic method will be the most appropriate? (P 37)

Mohammed Reza Eskandari, S Karami (IR) Treatments in child and adolescent psychiatry with focus on cognitive-behavioral approaches (P 38)

Maria José Carrasco, Pilar Martínez, Isabel Espinar, Ana García-Mina (ES) Understanding and treatment of remarried couples (P 39)

M M Muchnik, EM Rayzman, AV Semke (RU) The role of transfer in the psychotherapy of schizophrenia (P 40)

Alfried Längle, A Nindl, J Sauer (AT) Attitudes towards suicide, existential motivation and self reported suicidal phenomena. (P 41)

Bjarne Hansen, PA Vogel, Tore C Stiles, K Gunnar Gøtestam (NO) Cognitive therapy with OCD: a mini-review (P 42)

Bengta Gøtestam, KG Gøtestam (NO) Generalization in exposure treatments of phobias (P 43)

Einar Kjelsås, KG Gøtestam (NO) Psychotherapy with bulimia nervosa: a mini-review (P 44)

Agneta Johansson (SE), Hanne Gro Wenzel, KG Gøtestam (NO) Psychotherapy of pathological gambling: a mini-review (P 45)

(Saturday 17 Aug)

O Reichard (AU) Closing the gap (P 49)

Arne E Vaaler, Gunnar Morken, Valentina Iversen, Olav M Linaker (NO) Patient satisfaction with different interiors of secluded areas in psychiatric acute wards (P 50)

Arne E Vaaler, Gunnar Morken, A Carlsen, Olav Linaker (NO) Therapeutic effects of the interior decoration of secluded areas (P 51)

Bernhard Weidle, Britt Bolme, Anne Lise Høyland (NO) Peer support groups for adolescents with Asperger syndrome (P 52)

Melaine Fischer, Yves de Roten (CH) Coordination among patients with and without personality disorders (P53)

Valentina Cabral Iversen, Gunnar Morken (NO) A study of patients with immigrant backgrounds (P 54)

Andrea Seganti (IT) Under and overexposure to the influence of the others: a virtue-based system of assessment of the psychotherapeutic process (P 55)

2300 ORGAN CONCERTO (Nidaros Cathedral)

Sunday 18 Aug

0830-0920 KEYNOTE LECTURE (Olav Trygvasson)

Glen Gabbard (US): The revolution in the neurosciences: Implications for psychotherapy research and practice (KL 9)

0930-1020 KEYNOTE LECTURE (Olav Trygvasson)

Chairman: Finn Magnussen (NO)

J Christopher Perry (CA): The two worlds of the therapist and the researcher: Shall they ever meet? (KL10)

1100-1200 CLOSING CEREMONY (Olav Tryggvasson)

Program with Norwegian/Scandinavian music

General Information

Location

Trondheim was founded by King Olav Tryggvason in 997 AD. Norway's first capital city is located by one of the largest fjords of Norway with the salmon river Nidelven running through its centre. Today the city has close to 150,000 inhabitants and its total area is 342 square km. The city is an administration, educational, business and technology centre in a rich agricultural area surrounding the Trondheim fjord. It is a university city and has Norway's most advanced research community in science and technology.

Language

The conference language is English.

Sightseeing

There are sightseeing tours available for participants and accompanying persons:

City Tour, Thu 15 Aug 1300-1430 (from Royal Garden Hotel), NOK 45.

Ringve Music Museum Tour, Fri 16 Aug 1300-1500, NOK 115 (guided tour in the Ringve Music Museum where the guides play on the museal instruments).

Tours

Friday 1000-1200 A guided tour to the inpatient unit at the Department of Child and Adolescent Psychiatry, Trondheim (Info and booking at Registration Desk)

Other Tours: There are possibilities to arrange other tours as well, through our Travel Agent "Flyspesialistene", email address: cecilie.wettlaufer@flyspesialisten.no

Stiklestad, the place where Holy King Olav died in battle in 1030 (about one hour drive).

White Nights, tour to the Land of Midnight Sun, Northern Norway

Coastal Express, tour with a coastal steamer, going from Bergen to Trondheim (2 days), and further to Kirkenes (4 days).

Bergen Tour, to the Western part of Norway, 60 min flight.

Oslo Tour, to the Capitol of Norway, 50 min flight.

Children

Child care and activities will be available at the Congress.

Diploma, Certificate and CME

Diploma for Workshop participation will be handed out at the end of the Workshops. Certificate of Attendance at the Congress can be picked up at the Registration Desk from Saturday (see page 8).

Poster Instructions: The poster sessions are held on Friday and Saturday, from 13-18. The poster should be mounted before 1300, and taken down after 1800. The poster presenter should be present at the poster stand from 1700-1800, to get comments and provide feedback on the presentation. The size of the poster board is 115 x 190 cm (NB new size!). Full size posters should not exceed this size.

Registration Desk

The Registration Desk is located at the Royal Garden Congress Centre, and will be open as follows during the Congress:

Tuesday 13 Aug	1800-2000	
Wednesday 14	0730-2100	
Thursday 15	0800-1300	1400-2000
Friday 16	0800-1300	1400-2000
Saturday 17	0800-1300	1400-2000
Sunday 18	0900-1400	

Sponsoring Partners and Exhibitions

Eli Lilly

Lundbeck

GlaxoSmithKline

Janssen-Cilag

Organon

Pfizer

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